

Stay Warm and Healthy in Derby

The ***Stay Warm and Healthy in Derby*** project aims to help local vulnerable people struggling to keep warm by offering advice and practical support to stay warm, safe and healthy in their homes.

If you are:

- an older person
- living with disabilities or long term health conditions
- pregnant or a family with young children

and finding it hard to heat your home we may be able to help you through support services such as:

- ***Home Energy Advice:*** helping you to keep warm this winter by giving free, independent and confidential advice and information on heating & insulation offers and schemes, and referring you to other help where needed
- ***Welfare Benefits:*** advice on welfare benefits, including welfare reform
- ***Home and Heating Maintenance:*** there may be help available to help you to keep warmer at home, such as boiler repairs, emergency heating
- ***Handy Person Services:*** helping with small repairs around the home
- ***Health Advice:*** information about the free NHS health check programme, flu jabs and cancer screening programmes

Stay Warm and Healthy: 01332 640337