



Derbyshire
Fire & Rescue Service
Making Derbyshire Safer

Use the forward and backward keyboard arrow keys, or your mouse to scroll through this document.

This document is designed to be ticked in the boxes as you go through. It can also be saved and submitted.

A large graphic on the right side of the page. It features a target with concentric circles and a hand with the index finger pointing at the center. The target is white and grey, and the hand is red with a white outline. The background is a gradient of red and white.

Safe and Well Check

Smoke Alarms

Do you have a working smoke alarm fitted on each level of your property?

Yes

If you do then you don't need to make any adjustments - but we would advise you, if possible, to fit a smoke alarm in each bedroom.

No

[If not then read more about fitting your smoke alarms.](#)

Do you test your smoke alarm weekly?

Yes

To help remind you to continue to carry out this essential test why not sign up to our Twitter feed and be reminded each week via our 'Test It Tuesday' campaign.

No

If not then read information on [checking your smoke alarms](#).
Fire alarms save lives!

Are you sure that the alarms are fitted in the correct location?

Yes No/Don't Know

The position your smoke alarms are installed is an important factor in fire prevention. To ensure your smoke alarms are correctly positioned read about [where to install smoke alarms](#).



Action in the Event of Fire

Does your household have an escape plan?

Yes

Great if you do and you have an Escape Plan. Please make sure it is up-to-date and understood by all members of the family.

No

You really need to read our article on [creating a household escape plan](#).

Do all occupiers know what to do if their escape route is blocked?

Yes

If they do, great.

No

View our help on [what to do if their escape is blocked](#) which could save lives.



Create An Escape Plan

Check Your Smoke Alarm

Do all members of your household know what to do if their clothes catch fire?

Yes

Let's hope it never happens - but if you do know then make sure you pass that information on.

No

Stop. [Read our clothes-fire article](#) on the correct steps to take.



STOP!

DROP!

ROLL!

Smoking

Does anyone in the property smoke?

Yes No

If you do and want help to quit there are pages on our website that will refer you to other sites that will help you do just that.

[Read fire safety in respect to smoking.](#)



Does anyone in the property use an e-cigarette?

Yes No

[Read our advice on the safe use of e-cigarettes.](#)

Prevent Cigarette Fires

Candles

Are candles used in the property?

Yes

Stay safe when using candles. [Read our article for preventing candle fires.](#)

No

It is always useful to be knowledgeable with fire-prevention.



Prevent Candle Fires

Bedtime

Do you have a bedtime routine?

Yes No

[Make sure you're up-to-date for bedtime and prevent potential fires.](#)



Check Your Bedtime Routine

Cooking

Do you ever leave cooking unattended?

Yes No

[Read our advice on staying safe in the kitchen.](#)

Do you use a deep fat fryer?

Yes No

[Read our advice on staying safe with deep fat fryers.](#)



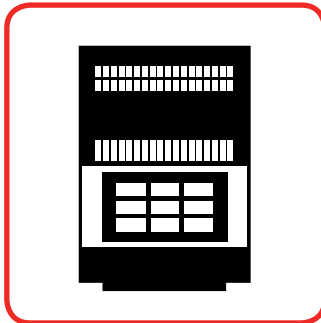
Prevent Cooking Fires

Portable Heaters

Does anyone use portable heaters in the property?

Yes No

[Read to check and prevent fires caused by portable heaters.](#)



Check Portable Heaters

Electrics

Do you use extension leads?

Yes No

Do you use plug adaptors?

Yes No

Do you check your electrical items for signs of wear?

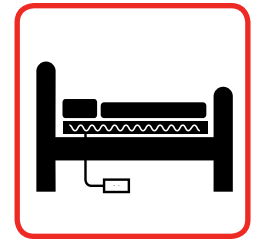
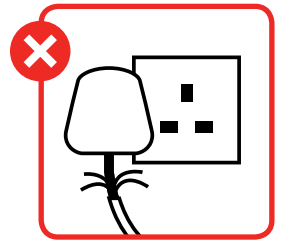
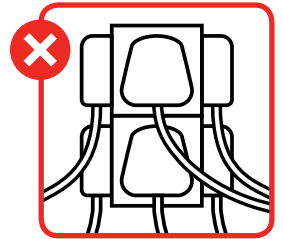
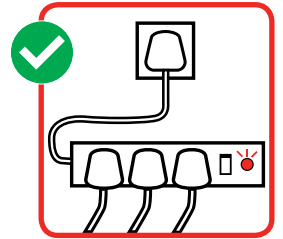
Yes No

[Read our advice on how to avoid electrical fires](#)

Do you use an electric blanket?

Yes No

[Read our advice on the safe use of electric blankets](#)



Prevent Electrical Fires

Furniture

Is your furniture fire resistant?

Yes

No/Unsure

[Read our advice on how to check](#)



Check Your Furniture is Fire Resistant

Safe and Well

As part of the First Contact Scheme, the fire service works with partner agencies to identify any required care or support services.

Referrals

If you are concerned about the health, wellbeing and safety of a relative, neighbour or friend, please contact Derbyshire Fire & Rescue Service on:

Office	Phone No.	Area
Derby	01332 777850	Derby City and South Derbyshire
Chesterfield	01246 223500	North East Derbyshire, Chesterfield and Bolsover
Buxton	01298 608720	High Peak and Derbyshire Dales
Text Only	07766 299999	For people who are deaf, hard of hearing or speech-impaired

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All of this information is taken directly from the Government's own publication, Fire Safety in the Home. Derbyshire Fire & Rescue Service's own website has a vast amount of additional information and detail about each of the subjects covered.

The above information is covered by visiting

www.derbys-fire.gov.uk/safety/at-home/smoke-alarms